



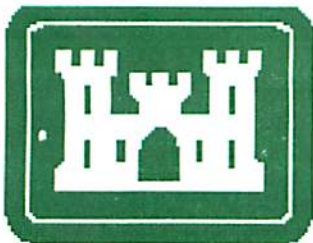
Thirteenth Annual
**Women's
 Wilderness
 Weekend**

August 7-9, 2009
 South Central 4-H Camp
 Alma, Nebraska

Co-Sponsored by:



Trailblazer RC&D



U.S. Army
 Corps of Engineers



This workshop is designed primarily for women. However, it is an excellent opportunity for anyone 21 years of age or older who wants to learn outdoor skills. A variety of skills associated with hunting, fishing, camping, boating, and birdwatching, but useful in a variety of outdoor pursuits, will be taught. This workshop is for you if:

- * You have never tried these activities but would like to learn.
- * You are a beginner who hopes to improve your skills.
- * You would like to try your hand at some new activities.
- * You are looking for the camaraderie of like-minded individuals.

For more information contact Jan Harvey at the Trailblazer RC&D Office at (402)746-3560

Friday, August 7

10:00-Noon Check-in & registration

Noon-1:00 Lunch & opening ceremonies

1:30 - 4:30 Session I

A. Intro to Firearms

George Sund, Nebraska Game and Parks Commission Instructor.

George will introduce you to basic gun safety, gun handling, identification of guns and the use of various firearms and types of ammunition. It will help you gain confidence and knowledge about firearms. This course, Hunter Education, or significant firearm experiences is a prerequisite for the Shotgun Basics, Muzzleloading and Handgun Basic classes.



B. Golf Outing

Chris Mahalek, Alma High School Golf Coach.

Play a round of nine holes at the Alma Golf Course. Local experts will be on hand to offer suggestions and tips for playing the game. (Bring your own clubs if you have them.)

C. Overnight Camp Out and Canoe Trip (18 max.)

(Must also register for Session II, Course C.) Bernie Kendall.

This session begins with a canoe trip down the Republican River. The group will camp out in tents and feast on Dutch oven cooking around the campfire. The group will continue on down the river and return to the 4-H Camp on noon Saturday.

D. Water Sports

Arlen Mickelsen and Kevin Barber, Superior Outdoor Tower.

Arlen and Kevin have been providing jet skiing and water skiing demonstrations for many years. Bring your swimsuit, towel, and suntan lotion and enjoy these refreshing and invigorating sports. There will be separate sessions for beginners and advanced skiers.

E. Navigation Basics

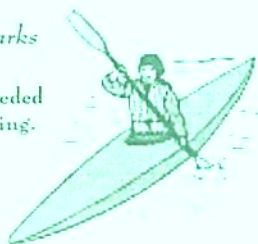
Ryan Kroemer, NRCS GPS Specialist.

Learn the basics of navigation using a global positioning system (GPS). Use what you learn in class to navigate around the 4-H Camp and take those skills wherever you need them. Never get lost in the outdoors again! This class will be a prerequisite to Geo-Caching. Participants may bring their own GPS units.

F. Kayaking

Daryl Teter, Nebraska Game and Parks Commission.

Learn the basic knowledge and skills needed to be safe on the water and enjoy kayaking. Topics include safety, equipment, preparation, strokes, maneuvering and much more.



G. Beginning Archery

Wayne Peshek, certified archery and hunter education instructor, and Dave Woods, archery enthusiast.

Participants will learn equipment selection, correct shooting techniques and form, along with basic archery terminology. Participants will be doing live shooting at targets. This is a great opportunity to try your hand at archery and improve your shooting skills. Participants may bring their own equipment.

H. Sport Fishing at Harlan Reservoir

Tom Bassett, Tall Tales.

Learn the secrets of finding sport fish at Harlan County Reservoir. Learn where they live and the types of equipment to use. Local fishing experts will lead you in the search. A 2009 Nebraska Fishing Permit is required.



I. River Tubing

Merle Illian.

Sit back and relax as you float down the river. Bring a swimsuit, suntan lotion, old tennis shoes, and beverage of choice and enjoy the trip.

J. Candle Making (25 max.)

Barb and Dave Votaw, Candlemakers.

In this class you'll have the opportunity to learn how to make candles. The bonus is you get to take your candle home to enjoy.

5:00-6:00 Supper (cooked over a bonfire)

6:00-10:00 Late Night Fishing

Sponsored by Tall Tales Lounge.

Local fishing experts will lead the group in search of catfish and white bass. Fishing techniques will be demonstrated on the boats. Bring a beverage of your choice and enjoy yourself. A 2009 Nebraska Fishing Permit is required.

6:00-8:30 Four-Wheel Jeeping

A group of local Jeep enthusiasts will give rides in their Jeeps along the shore of the Harlan County Reservoir. Enjoy the latest craze in local outdoor recreation.

9:00-??? Joseph Hall "Elvis Sensation"

Sponsored by Short Stop of Alma.

Held at Republican City Theatre - \$10 charge for the show.

Saturday, August 8

7:00 - 8:00 Breakfast

8:30 - 11:30 Session II

A. Guided Nature Walk/Dam Tour

Heath Kruger, U.S. Army Corps of Engineers Ranger.

Here's your chance to hike while learning about the plants and animals encountered during the guided morning hike. Plant and animal folklore, bird calls, track identification, fall flowers and leaves and insect natural history will be discussed. Learn about the history of how the dam was built and tour the dam.

devote this entire class to making your own primitive fire tool kit and learning the technique for creating fire without matches. Bring a sharp carving knife as there is lots of carving involved.

I. Glass Beading (5 max.)

Cindy Rush and Linda Melchert, presenters.

Don't worry, bead happy. This is a basic beginner class for making glass beads with an air-propane torch. We'll work with "soft" glass (COE 104) and learn different techniques to make glass beads, and "dots" on the beads. If there's time, we'll learn to pull "stringers" and explore color changes/reactions with various glass colors.



J. Women's Self Defense

Repeat of Session II, Course M.

K. Kayaking

Repeat of Session I, Course F.

6:00 - ??? Supper

Enjoy a "Cream Can" supper.

7:30 - 9:00 Hayrack Ride at 4-H Camp

9:00 - ??? Scrapbooking at the Lodge

Sunday, August 9

7:00 - 8:00 Breakfast

8:30 - 11:30 Session IV

A. Intro to Scuba Diving/Snorkeling (10 max.)

Repeat of Session II, Course B.

B. Handgun Basics (6 max.)

Repeat of Session II, Course E.

C. Basic Horticulture

Janelle Pfeifer.

Local experts will present information and discussion of plants, both perennials and annuals. They will demonstrate how to select proper plants for a planter for the yard, patio and/or deck. Time for a question and answer session will follow the hands-on activities.

D. Boat Tour of the Lake (15 max.)

The U.S. Army Corps of Engineers will conduct a tour of Harlan County Reservoir. Learn about the history and construction of the reservoir. Afterwards, enjoy a boat tour around the lake and learn about local history of the lake.

E. Hunting Basics and Dog Use

Randy Wilson, Product Specialist from Cabela's and Paul Bishop, field dog trainer.

Randy and Paul will teach participants how to use different types of calls, calling techniques and which calls work the best in different situations. You will also learn how to prepare for the hunt, observe

predators, hunting equipment you will need, and tricks of hunting predators. Participants will go on a short hunt to observe sign and try to call in one of these elusive creatures! Paul will explain about hunting dog selection and training.

F. Boating Basics

Daryl Teter and Herb Angell, Nebraska Game and Parks Commission.

Daryl is a Game and Parks officer and much of his time has been involved with boating enforcement and investigation. He will demonstrate the boating rules and regulations. Learn how to back a boat and take a spin on the lake.

G. Primitive Survival/Spirit Walking

B. J. Spring, Lincoln, Nebraska

In the first half of this class we'll learn the basics of primitive survival needs, including how to build a simple, primitive shelter. In the second half, we'll delve into the art of indigenous movement and game stalking techniques. Bring a bandanna or something that can be used as a blindfold.

H. Iron Woman Contest (30 max.)

This session will include four grueling events to determine who is the Women's Wilderness Weekend Iron Woman for 2009. All participants will compete in the Run and Shoot Archery event, Blue Rock Shoot, Lumberjack Skill, and Obstacle Course. Points will be awarded for each event and will be used to select the WWW Iron Woman.

I. Dutch Oven Cooking

Carl McDonald and Ray Stuckenschmidt.

Carl and Ray have a combined 35 years of cast iron "Dutch Oven" cooking experience. If you love the outdoors, have an addiction for campfire smoke, and dislike cold sandwiches, you'll love this session. Dutch oven cooking techniques will be demonstrated. Sample the results of the cooking demonstrations.

J. Birding

John Laux, Nebraska Game and Parks Commission.

Participants will learn the basics of using binoculars and field guides, finding and identifying birds, and the best places to go birding in south central Nebraska. Bring your own binoculars and take a hike to try out your new skills. Some binoculars will be available for those without their own.



K. Black Powder and Muzzleloading

Dave Beins, black powder shooter/hunter.

In this session, you will be introduced to black powder shooting, including percussion and flintlock rifles, safety loading, and cleaning and care. Try out a muzzleloader on the shooting range.

L. Hunter Certification (after lunch)

11:30

Camp cleanup

12:00

Lunch, door prizes, 'Iron

Woman' awards, head for home

SCHOLARSHIPS AVAILABLE

There are ten \$50 scholarships available to those individuals that need some financial assistance in order to attend. To apply, submit the FULL amount of the registration fee and a separate letter requesting the scholarship along with pertinent information on your need for assistance. If approved, a portion of the registration fee will be returned to you.



Women's Wilderness Weekend

**Registration Form
Women's Wilderness Weekend
August 7-9, 2009
Registrations Due July 31, 2009**

One person may register per form. Please copy for additional registrations.

Name _____ Name for name tag _____
 Phone: Daytime (____) _____ Evening (____) _____
 Address _____ email: _____
 City, State, Zip _____

Participants will be required to sign a liability release when they register at the WWW on August 7.

Included in registration - Please circle T-Shirt size: S M L XL XXL XXXL

Concurrent Sessions -Indicate your first (1), second (2) and third (3) choice for each session:

- | | | |
|--|--|--|
| SESSION I
<input checked="" type="checkbox"/> A Intro to Firearms
<input type="checkbox"/> B Golf Outing
<input type="checkbox"/> C OvernightCampout/
Canoe Trip
<input type="checkbox"/> D Water Sports
<input type="checkbox"/> E Navigation Basics
<input type="checkbox"/> F Kayaking
<input type="checkbox"/> G Beginning Archery
<input type="checkbox"/> H Sport Fishing
<input type="checkbox"/> I River Tubing
<input type="checkbox"/> J Candle Making | SESSION III
<input type="checkbox"/> A Beginning Canoeing
<input type="checkbox"/> B Tribal Bellydance
Basics
<input type="checkbox"/> C Beginning Fly Fishing
<input type="checkbox"/> D Sailing
<input checked="" type="checkbox"/> E Water Sports
<input type="checkbox"/> F River Tubing
<input type="checkbox"/> G Shotgun Basics
<input type="checkbox"/> H Primitive Fire
<input type="checkbox"/> I Glass Beading
<input type="checkbox"/> J Women's Self Defense
<input type="checkbox"/> K Kayaking | Friday Night Sessions:
<input type="checkbox"/> Late Night Fishing (Leave at 6:00 P.M.)
Or
<input type="checkbox"/> Four-Wheel Jeeping (Leave at 6:00 P.M.)
Or
<input type="checkbox"/> Joseph Hall "Elvis Sensation" (9:00 P.M.)
at Republican City Theatre; \$10.00
charge for show) |
|--|--|--|

- | | | |
|--|---|--|
| SESSION II
<input type="checkbox"/> A Guided Nature Walk/Dam
Tour
<input type="checkbox"/> B Intro to Scuba Diving
<input type="checkbox"/> C OvernightCampout/
Canoe Trip
<input type="checkbox"/> D Candle Making
<input type="checkbox"/> E Handgun Basics
<input checked="" type="checkbox"/> F Outdoor Photography
<input type="checkbox"/> G Advanced Archery/
Tracking
<input type="checkbox"/> H Geo-Caching
<input type="checkbox"/> I Fly and Lure Basics | SESSION IV
<input type="checkbox"/> A Intro to Scuba Diving
<input checked="" type="checkbox"/> B Handgun Basics
<input type="checkbox"/> C Basic Horticulture
<input type="checkbox"/> D Boat Tour of Lake
<input type="checkbox"/> E Hunting Basics/Dog
Use
<input type="checkbox"/> F Boating Basics
<input type="checkbox"/> G Primitive Survival/
Spirit Walking
<input type="checkbox"/> H Iron Woman Contest
<input type="checkbox"/> I Dutch Oven Cooking | Friday night supper - Bonfire cookout
Saturday night supper - "Cream Can" meal

List below if you have any special dietary or
special needs that require assistance:

_____ |
|--|---|--|

- | | | |
|---|--|--|
| <input type="checkbox"/> J Sailing
<input type="checkbox"/> K Atv Safety
<input type="checkbox"/> L Backyard Habitat
<input type="checkbox"/> M Women's Self Defense | <input type="checkbox"/> J Birding
<input type="checkbox"/> K Black Powder/
Muzzleloading
<input type="checkbox"/> L Hunter Certification | Indicate lodging preference:
<input type="checkbox"/> Early Bird (early to bed/early to rise)
<input type="checkbox"/> Night Owl (late to bed/late to rise)
<input type="checkbox"/> Will Bring Own Tent

If you would like to room with a particular
person, please indicate:
_____ |
|---|--|--|

Workshop Fee of \$180 includes Meals, Lodging, Programs, and T-shirt. Add \$15 if registration is postmarked after July 31, 2009.

NO REGISTRATIONS WILL BE ACCEPTED BY TELEPHONE OR FAX. FEE MUST ACCOMPANY REGISTRATION.

Complete registration form and send with proper fee to: Women's Wilderness Weekend
 Trailblazer RC&D
 437 North Elm Street
 Red Cloud, NE 68970

Make Checks Payable to: Trailblazer RC&D

Cancellation Deadline - If you cancel before July 31, 2009, you will receive a refund minus a \$30.00 processing fee. After that date, August 1-6, 2009, only half of the registration fee will be refunded. This is because T-shirts and meals have already been paid for by RC&D. After August 6, 2009 there is no refund, however, you may send a substitute.

Lodging at the South Central 4-H Camp is dormitory style. Air conditioned sleeping rooms accommodate up to 20 people. Bedding is NOT provided. Please bring blanket, sheets, pillows and or sleeping bags.

Registrations will be accepted first come first served. After the session fills up, registrations will be placed on a waiting list for a possible opening. After registration deadline, you will receive a confirmation of sessions you are registered for. You will also receive a map showing the route to the 4-H Camp near Alma. Clothing recommendations will be provided. Most sessions will be conducted rain or shine, so bring appropriate rain gear. Demonstration equipment will be provided, please do NOT bring your own, unless specified in the session agenda. Registration and payment will be returned in full if you are not accepted. Scholarships are available (see back of brochure for more information).

Sponsored by the Trailblazer RC&D. For more information contact (402)746-3560.